

PSALM 103 – Praise for the LORD’s Mercies

7/8/23 Sat. Morn Prayer - P. Twente, www.ptwente.com 714 425-9221; ptwente@gmail.com

BLESSED BE THE LORD GOD ALMIGHTY! *Maranatha praise band - 2:32*

Father in heaven how we love you we lift your name in all the earth may your kingdom be established in our praises as your people declare your mighty works

*blessed be the Lord God almighty who was and is and is to come
blessed be the Lord God almighty who reigns forever more*

Father in heaven how we love you we lift your name in all the earth may your kingdom be established in our praises as your people declare your mighty works

*blessed be the Lord God almighty who was and is and is to come
blessed be the Lord God almighty who reigns forever more
Who reigns forever more!*

PSALM 103 – Praise for the LORD’s Mercies. A Psalm of David

- **Psalm 103 is one of the favorites.** How rich! The word “bless” us is a little stronger than “praise.” For it is praising with adoration and thanksgiving. It’s a stronger word than just praising the Lord; it’s praising the Lord with real love and real adoration in your heart towards Him. C.H. Spurgeon – “There is too much in the Psalm for a thousand pens to write. It is one of those all-comprehending Scriptures, which is a Bible in itself. It might alone almost suffice for the hymn book of the church.”

Psa 103:1 A Psalm Of David. Bless the LORD, O my soul; And all that is within me, bless His holy name!

- Get your eyes on God, get your eyes off of the problems and issues! Get your eyes on the Lord; that’s always the way of encouragement! You look at yourself and that is discouraging, that’s depressing. You look at God and that’s strengthening, that’s encouraging! (*Psa 37:5*) *Commit your way to the LORD, Trust also in Him, And He shall bring it to pass.*
- Praise the Lord with adoration and thanksgiving. “*All that is within me,*” give this kind of praise to the holy name of God, that name YAWEH or Jehovah.

Psa 103:2 Bless the LORD, O my soul, And forget not all His benefits:

- Repeated for emphasis, usually when the scripture has a repetition, the repetition is for emphasis.
- God knows our tendency to forget what He has done for us. The moment some new trial comes along we forget what God has done and we think “Oh this is it. I’ve had it. Now I’m surely going under this time.” We forget so quickly all of the things God has done for us. That is why God established reminders for the Nation of Israel. Their feast days were reminders of His works.
- “*Forget not all His benefits:*” That tragedy of our tendency towards forgetfulness of what God has done. Now he begins to speak of the benefits and naturally he speaks first of all of the spiritual benefits. For the spiritual benefits are far more important than the material benefits!

Psa 103:3 Who forgives all your iniquities, Who heals all your diseases,

- *Who forgives all your iniquities;* Isn’t that glorious? What a blessing. Forget not the benefit, the benefit of having been forgiven of all our iniquities. In psalm thirty-two David said, “O how happy is the man who’s transgressions are forgiven” whose sins are covered. “O how happy is the man to whom God does not impute iniquity” the man that has received forgiveness of all of his iniquities. That’s what the gospel of Jesus Christ is all about; the forgiveness of sin.
- *Who heals all your diseases;* First it was spiritual now it’s physical. God said, I am the Lord thy God that heals you!

Psa 103:4 Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

- The benefits! God just crowns my life with His lovingkindness and His mercies. He has redeemed my life from destruction, shall not perish but have everlasting life.

Psa 103:5 Who satisfies your mouth with good things, So that your youth is renewed like the eagle’s.

- It is only the favor and grace of God that can give satisfaction to a soul, can suit its capacities, supply its needs, and answer to its desires. Nothing but divine wisdom can undertake to fill its treasures. Nothing else will satisfy!
- As I walk with the Lord, He is the one that puts the desires in my heart. “It is He that works in you both to will and to do of His good pleasure.”
- Doing the will of God is a delight; it’s a treasure. *Who satisfies my mouth with good things; so that your youth is renewed like the eagle’s.*

Psa 103:6 The LORD executes righteousness And justice for all who are oppressed.

Psa 103:7 He made known His ways to Moses, His acts to the children of Israel.

Psa 103:8 The LORD is merciful and gracious, Slow to anger, and abounding in mercy.

Psa 103:9 He will not always strive with us, Nor will He keep His anger forever.

Psa 103:10 He has not dealt with us according to our sins, Nor punished us according to our iniquities.

Psa 103:11 For as the heavens are high above the earth, So great is His mercy toward those who fear Him;

- How high is the heaven above the earth? Up until a few years ago, the astronomers said it was twelve billion light years above the earth. Recently they said they discovered new galaxies fifteen billion light years. God’s mercy just grew by three billion light years. Maybe when they get better telescopes they’ll find out it’s even vaster than that. The heavens are high above the earth, so great is his mercy toward them that reverence Him.

Psa 103:12 As far as the east is from the west, So far has He removed our transgressions from us.

- How far has God removed your transgressions? Aren’t you glad the psalmist didn’t say, “as far as the north is from the south”? Then your transgressions would only be twelve thousand five hundred miles away if you go the circuit or eight thousand miles away if you go through straight through.

Psa 103:13 As a father pities (has compassion on) his children, So the LORD pities those who fear Him.

- One of the most difficult things, being a father, is to see your children hurt or sick, especially when they are very small.
- Your Father in heaven has that kind of love for you. He did send His Son to bear your sin and to suffer in your place. He took upon Himself our sins, our iniquities, our suffering that was due us, the death that was due us, and He did take it upon Himself.

Psa 103:14 For He knows our frame (understands our constitution); He remembers that we are dust.

- It’s important that we remember that too. We may think we are super saints, thinking of ourselves more highly than we really are. I am certain that the angels who are observing us as we venture into these places where we have no business being, yes we think that we are so strong and able to handle it all, the angels say, “Oh no. Don’t look. He’s going to try it again.” Sometimes we have that opinion of ourselves that we are above in some way of temptations or we’re above falling.

Psa 103:15 As for man, his days are like grass; As a flower of the field, so he flourishes.

Psa 103:16 For the wind passes over it, and it is gone, And its place remembers it no more.

- Life is like a vapor that appears for a moment and then vanishes away. Life is like grass that grows up and flourishes and then is cast into the oven.
- Life will soon be past, it’s only what we do for Jesus Christ, that will last!

Psa 103:17 But the mercy (chesed, kindness, love) of the LORD is from everlasting to everlasting On those who fear Him, And His righteousness to children's children,

- ***His righteousness to children's children,*** What a blessing it is to have your children serving the Lord, following him and what a super blessing to have your grandchildren singing about the Lord, talking about the Lord and hearing them.

Psa 103:18 To such as keep His covenant, And to those who remember His commandments to do them.

- God’s kingdom does rule overall. It even rules over Satan’s kingdom. is only allowed to do what God allows him to do, he can’t go any further. He is serving a purpose of God in this world. His kingdom is restricted and limited by God. God puts the boundaries of what he can do for God’s kingdom. God rules over all.

Psa 103:19 The LORD has established His throne in heaven, And His kingdom rules over all.

- The psalmist ends by calling on the whole universe to praise God with adoration and thanksgiving.

Psa 103:20 Bless the LORD, you His angels, Who excel in strength, who do His word, Heeding the voice of His word.

- This is probably referring to the highest angels. They that are of the highest order of the angelic beings, standing there before God ready to carry out the will of God.

Psa 103:21 Bless the LORD, all you His hosts, You ministers of His, who do His pleasure.

- The angelic host of heaven. Suddenly there was with the angel that it made an announcement to the shepherd a multitude of the heavenly hosts praising God and saying glory to God in the highest.

Psa 103:22 Bless the LORD, all His works, In all places of His dominion. Bless the LORD, O my soul!

- ***Bless the Lord, all His works*** - Let everything He has done be so considered as to show forth His praise.
- ***Bless the Lord, O my soul*** - Let me never forget my obligation to His mercy; for with tender mercies and loving-kindness He has crowned me. I will therefore be thankful unto Him, and speak good of His name.

10,000 REASONS – BLESS THE LORD! – Redman (5:42)

Bless the Lord oh my soul, Oh my soul, Worship His Holy name. Sing like never before, Oh my soul. I'll worship Your Holy name

The sun comes up. It's a new day dawning. It's time to sing Your song again.

Whatever may pass And whatever lies before me, Let me be singing When the evening comes

Refrain: Bless the Lord oh my soul Oh my soul, Worship His Holy name. Sing like never before, Oh my soul. I'll worship Your Holy name

You're rich in love And You're slow to anger. Your name is great, And Your heart is kind.

For all Your goodness I will keep on singing, Ten thousand reasons For my heart to find (Refrain)

And on that day, When my strength is failing, The end draws near, And my time has come.

Still my soul will Sing Your praise unending, Ten thousand years And then forevermore. Forevermore - Refrain (2X)

I'll worship Your Holy name Jesus I will worship Your Holy name, Sing like never before Oh my soul I'll worship your holy name

PRAY FOR OUR CHURCH/PERSECUTED CHURCH; SCHOOLS; POLICE OFFICERS/MILITARY; ISRAEL:

PRAY FOR OUR NATION'S LEADERS: PRAY FOR CALIFORNIA: PRAY FOR WORLD LEADERS: - Pray for World Leaders, especially their salvation!

CC LIVING WORD STAFF/LEADERSHIP:

Terry & Sheila Walker – Senior Pastor Daughter – Melissa; Daughters Kate (10) Lauren (8)

Son – Josaih – wife, Kirstie – Daughter Camille (3) Son - James – wife, Karla - daughters , Autumn (6), Juniper (5); One son Santiago (4)

Mike Harris – Worship/Associate Pastor – three kids – Jacquelyn (25) Madelyn (22) Cayden (17)

Jeremy Isabella Ampe – Outreach/Associate Pastor – Three kids - Ezekiel (17) Jedediah (12) Lexi (7)

John & Meg Schneider – Children's Ministry – Kyle (30) Adam (30) Paige (28) - Grandkids – Ayla (2) ; Noa Grace

Nick & Cindy Baran – Youth-Jr. High/HS - Lila, Emet and new baby, Abigail Fred & Anne Afshar – Persian Ministry – daughter Melanie Daniel & Janette Carter – three kids – Ethan, Shiloh, Yael